



## CAT SPAY

Your cat has been spayed today. This involves the surgical removal of her ovaries and womb, and is performed under a general anaesthetic in sterile conditions. Now you have her home, the following simple procedures should help her to feel more comfortable and aid a speedy recovery.

It is very likely that your cat will still be drowsy once you have her home, in fact she will probably relax in her home environment and rest comfortably for the remainder of the evening.

### FOOD AND WATER

Both food and water may be offered the same evening. Please feed a bland diet such as Royal Canin's Sensitivity Diet, or Hills I/d tins. Normal feeding can resume the next day. Slight sickness may occur, if this persists please contact the surgery.

### EXERCISE

Please keep her indoors for a period of 10 days.

### STITCHES

Try to prevent her licking the area excessively.

- The stitches will need to be removed. Please bring her for a recheck in 3 days and 10 days time.
- The stitches will dissolve so do not need to be removed. Please bring her for a recheck in 3 days and 10 days time.

### COUGHING

You may notice a slight cough over the next couple of days. Do not be alarmed – this should subside on it's own. It is usually caused by intubation (a procedure used to keep the patient's airway open during the anaesthetic). If the coughing persists then consult the veterinary surgeon.

### LONG TERM WEIGHT CONTROL

It is advisable to closely monitor your cat's body weight after being spayed, as neutered animals have a tendency to gain weight. Adjustments in feeding may be necessary to prevent obesity becoming a problem. Your cat will be invited back in 6 months time for a free of charge weight check.